

PE Department Long Term Plan 2018 – 2019

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	<p>Boys – Rugby & Football Girls – Badminton & Netball Mixed Intervention – Fitness</p> <p>Assessment Focus: Leadership, coaching & character. Performance, decision making & Health/Fitness.</p> <p>KS 4 Link: Skeletal System Muscular System</p>	<p>Boys – Rugby & Football Girls – Badminton & Netball Mixed Intervention – Fitness</p> <p>Assessment Focus: Leadership, coaching & character. Performance, decision making & Health/Fitness.</p> <p>KS 4 Link: Skeletal System Muscular System</p>	<p>Boys – Handball & Badminton Girls – Trampoline & Hockey Mixed Intervention – Football</p> <p>Performance, decision making & Health/Fitness. Leadership, coaching & character.</p> <p>KS4 Link: Cardiovascular System Respiratory System</p>	<p>Boys – Handball & Badminton Girls – Trampoline & Hockey Mixed Intervention – Football</p> <p>Performance, decision making & Health/Fitness. Leadership, coaching & character.</p> <p>KS4 Link: Cardiovascular System Respiratory System</p>	<p>Boys – Athletics & Trampoline Girls – Athletics & Dance/Gym Mixed Intervention – Athletics</p> <p>Assessment Focus: Leadership, coaching & character. Performance, decision making & Health/Fitness.</p> <p>KS4 Link: Effects of Exercise Movement Analysis</p>	<p>Boys – Athletics & Trampoline Girls – Athletics & Dance/Gym Mixed Intervention – Athletics</p> <p>Assessment Focus: Leadership, coaching & character. Performance, decision making & Health/Fitness.</p> <p>KS4 Link: Effects of Exercise Movement Analysis</p>
Year 8	<p>Boys – Rugby & Football Girls – Badminton & Netball Mixed Intervention – Fitness</p> <p>Assessment Focus: Leadership, coaching & character. Performance, decision making & Health/Fitness.</p> <p>KS 4 Link: Skeletal System Muscular System</p>	<p>Boys – Rugby & Football Girls – Badminton & Netball Mixed Intervention – Fitness</p> <p>Assessment Focus: Leadership, coaching & character. Performance, decision making & Health/Fitness.</p> <p>KS 4 Link: Skeletal System Muscular System</p>	<p>Boys – Handball & Badminton Girls – Trampoline & Hockey Mixed Intervention – Football</p> <p>Performance, decision making & Health/Fitness. Leadership, coaching & character.</p> <p>KS4 Link: Cardiovascular System Respiratory System</p>	<p>Boys – Handball & Badminton Girls – Trampoline & Hockey Mixed Intervention – Football</p> <p>Performance, decision making & Health/Fitness. Leadership, coaching & character.</p> <p>KS4 Link: Cardiovascular System Respiratory System</p>	<p>Boys – Athletics & Trampoline Girls – Athletics & Dance/Gym Mixed Intervention – Athletics</p> <p>Assessment Focus: Leadership, coaching & character. Performance, decision making & Health/Fitness.</p> <p>KS4 Link: Effects of Exercise Movement Analysis</p>	<p>Boys – Athletics & Trampoline Girls – Athletics & Dance/Gym Mixed Intervention – Athletics</p> <p>Assessment Focus: Leadership, coaching & character. Performance, decision making & Health/Fitness.</p> <p>KS4 Link: Effects of Exercise Movement Analysis</p>
Year 9	<p>Boys – Rugby & Football Girls – Badminton & Netball Mixed Intervention – Fitness</p> <p>Assessment Focus: Leadership, coaching & character. Performance, decision making & Health/Fitness.</p> <p>KS 4 Link: Skeletal System Muscular System</p>	<p>Boys – Rugby & Football Girls – Badminton & Netball Mixed Intervention – Fitness</p> <p>Assessment Focus: Leadership, coaching & character. Performance, decision making & Health/Fitness.</p> <p>KS 4 Link: Skeletal System Muscular System</p>	<p>Boys – Handball & Badminton Girls – Trampoline & Hockey Mixed Intervention – Football</p> <p>Performance, decision making & Health/Fitness. Leadership, coaching & character.</p> <p>KS4 Link: Cardiovascular System Respiratory System</p>	<p>Boys – Handball & Badminton Girls – Trampoline & Hockey Mixed Intervention – Football</p> <p>Performance, decision making & Health/Fitness. Leadership, coaching & character.</p> <p>KS4 Link: Cardiovascular System Respiratory System</p>	<p>Boys – Athletics & Trampoline Girls – Athletics & Dance/Gym Mixed Intervention – Athletics</p> <p>Assessment Focus: Leadership, coaching & character. Performance, decision making & Health/Fitness.</p> <p>KS4 Link: Effects of Exercise Movement Analysis</p>	<p>Boys – Athletics & Trampoline Girls – Athletics & Dance/Gym Mixed Intervention – Athletics</p> <p>Assessment Focus: Leadership, coaching & character. Performance, decision making & Health/Fitness.</p> <p>KS4 Link: Effects of Exercise Movement Analysis</p>

Year 10	Boys – Basketball & Football Girls – Badminton & Netball	Boys – Badminton & Rugby Girls – Dance & Hockey	Boys – Fitness & Invasion Games Girls – Gymnastics & Trampolining	Boys – Table Tennis & Handball Girls – Dance & Hockey	Boys – Cricket & Athletics Girls – Rounders & Athletics	Boys – Softball & Athletics Girls – Rounders & Athletics
Year 11	Boys – Basketball & Football Girls – Badminton & Netball	Boys – Badminton & Rugby Girls – Dance & Hockey	Boys – Fitness & Invasion Games Girls – Gymnastics & Trampolining	Boys – Table Tennis & Handball Girls – Dance & Hockey	Boys – Cricket & Athletics Girls – Rounders & Athletics	