

Year 8 Recipes



Rock Cakes

200g self-raising flour
75g butter or margarine
75g sugar
75g mixed dried fruit
1 egg
Container

Fruit Crumble

125g plain flour
65g butter or margarine
50g oats
40g sugar
2 eating apples
50g sultana or black berries
Oven proof dish to bake it in

Ragu Sauce

2 tins of chopped tomatoes
1 onion
2 cloves garlic
Pinch mixed herbs
Container with a tight fitting lid

Bread

Bring £1 to school for the ingredients
Container

Macaroni Cheese

175g macaroni
100g cheddar cheese
1 tomato
25g soft margarine
25g plain flour
250ml semi-skimmed milk
Container

Cheesecake

150g biscuits
75g margarine
200g cream cheese
125ml fresh double cream
30g caster sugar
1 lemon or orange or 2 limes
Fresh fruit for decoration
Cake tin to make it in

If you have a problem getting ingredients for the lesson please let your food teacher know at least 24 hours in advance, to allow us to provide the ingredients. A NU-HOPE will be given if ingredients are not brought in without a valid reason and note in the student's planners.