

Get Wardle Reading

HAPPINESS IS



...getting lost
in a good book

January 29th, 2021



This week's edition features books to help our wellbeing and to remind us how awesome we are! We also remember Holocaust Memorial Day celebrated this week.



The Wardle Way

Read along 'The Wardle Way'.
This week we will be focusing on W for Wellbeing and R for Respect.



Reading does help your wellbeing!



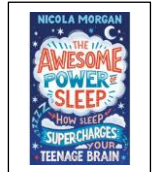
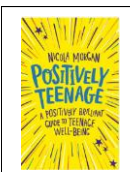
The National Literacy Trust has launched a new research report, *Mental wellbeing, reading and writing*, which shows that:

- Children and young people who read and write in their free time have significantly better mental wellbeing than their peers.
- Children who are the most engaged with reading and writing (i.e. those who enjoy it, do it daily and have positive attitudes towards it) are three times more likely to have higher levels of mental wellbeing than children who don't.



Featured Author:

Nicola Morgan



Nicola Morgan is one of our leading writers for teenagers: an award-winning novelist and expert in the teenage brain and mental health, who is invited all over the world to talk on a huge variety of fascinating topics.

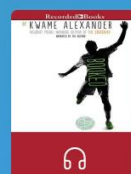
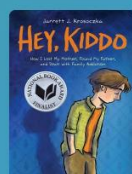
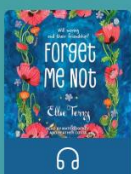
Nicola has won several awards, including Scottish Children's Book of the Year twice. In 2018, she was awarded the School Library Association's prestigious award for Outstanding Contribution to Information Books. She has written about teenage brains, stress, peer pressure and friendships, human behaviour, life online, body image and sleep. Click on her photo above to access her fabulous website.

There are many books to access on SORA which promote wellbeing. Click on the link and search Bibliotherapy.



Bibliotherapy

Fiction and nonfiction that will help you cope with difficult situations, take care of yourself, and develop empathy for the difficulties people face





What's in the news?

As you will know from your English and Respect lessons, Holocaust Memorial Day is a day to remember the millions of people who were killed, or whose lives have been changed, by an event in history called the Holocaust.

On this day we also remember the millions of people who were killed or have been affected by Nazi persecution and terrible crimes committed during conflicts in Cambodia, Rwanda, Bosnia and Darfur.



Click on the image above to hear more about this day from CBBC Newsround.



Click above to read about Sir Nicholas Winton who smuggled 669 boys and girls, destined for concentration camps, out of Czechoslovakia in 1939.

Recommended Reading Lists



Book Trust have created special booklists to help explain and inform readers about the events surrounding the Holocaust. Click on the images below to access these fabulous resources.

For younger readers



For teenagers

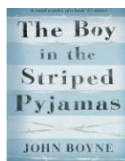


BOOK REVIEW – Fiction choice

Title: **The Boy in the Striped Pyjamas**

Author: **John Boyne**

Available to read and as an audio book on



5 stars



Nine-year-old Bruno knows nothing of the Final Solution and the Holocaust. He is oblivious to the appalling cruelties being inflicted on the people of Europe by his country. All he knows is that he has been moved from a comfortable home in Berlin to a house in a desolate area where there is nothing to do and no one to play with. Until he meets Shmuel, a boy who lives a strange parallel existence on the other side of the adjoining wire fence and who, like the other people there, wears a uniform of striped pyjamas.

An incredibly moving story that explores the friendship and loss of innocence of Bruno and Shmuel, during one of the worst points in history.

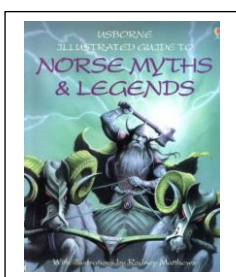


Don't forget to check your Google Classrooms for this weeks challenge.

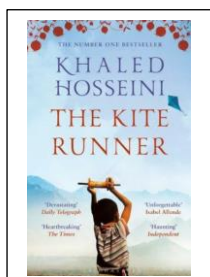
You need to enter to be in with a chance to win a prize!

L O O K what is on their bookshelf!

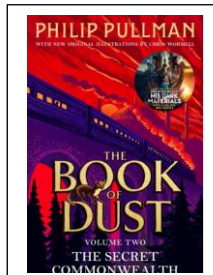
Favourite Childhood Read:



Most Inspirational:



Currently reading:



Mrs Kenny
Careers Coordinator